

SUSSEX IA

NEWSLETTER

Issue 94
Autumn 2020

Hello to all our members

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Please
keep safe

I hope that you have enjoyed the nice weather as much as you can. I realise that restrictions are still in place and that you all have to be careful but please try to enjoy yourselves as much as you can. I also hope that you didn't have the same or similar problems as me when I went to get the car started and ready to drive after the long stay at home. I had started it a couple of times but the day before I was allowed out (which sounds like I was a naughty grounded boy) I started it and all hell let loose. As many of you know I get a Motability car because of my disabilities and this one I only picked up in February so I'd only driven it for 4 weeks before the lockdown. Several braking system lights and warning lights came on as well as the engine management light and warning. There were also a couple of other warnings and then a warning siren went mad and nearly deafened me. It was fairly obvious that the battery had gone flat so I charged it up. Thankfully the siren didn't go off and nor did the warnings etc. The only one that wouldn't go off was the engine light. Really annoying and I must admit the air around me was a little bit blue. I contacted the car dealer and found that the engine light needed to be seen by the service department to be reset as well as the other systems checked out. Slight problem was that because of the social distancing guidelines etc the dealer could not let me do what I normally do and wait while the car gets serviced etc. Because of the type of disabilities I have I cannot use a courtesy car and because some of the staff were still on furlough or self isolating there were none spare to collect the car from my home which is also something that happens when the car needs fixing. As you could imagine it was extremely frustrating to be allowed out but then told that I couldn't go anywhere for at least another 2 weeks when the dealer's staffing levels increased to more adequate levels. I frustratingly waited and rang the dealer just to make sure everything was in place again I got mad. They'd forgotten about me. They didn't by the time I had finished. The car got collected and all was fixed and now I can drive it again. Hooray!!!

Please stay safe everyone



Ileostomy & Internal Pouch
Association

Freephone: 0800 0184 724 | Email: info@iasupport.org | Website: www.iasupport.org
President: Professor Neil Mortensen MBChB MD MA FRCS Eng FRCS Glas FRCS Edin

Registered Charity: 1172338 (England and Wales) and SC048658 (Scotland)

Summer wordsearch

S T O R R Y R S T H U N D E R S T O R M A B
 T O A U T I T N W H B E L A C K S W E A T O
 F E R E A S A E D E A R L F I N S E C T N S
 M T K F H T O A C E L W E S L B U T T C U H
 I E E C N S L L I I T T U E A O T I O M G O
 D R N U I A H A S S N C E U Z R W N M R T A
 S R S I S R L E D T A C L R O E S E E T O F
 U A A C T I C H V I I T I I E E R E R S X G
 M C T W M F C F Q B Q C M P R T N N I S P G
 M E S O D A H V M D L H E V I E M I A T R A
 E Y L F E N A R C Q H H A M R Y G H H R F Z
 R M N B K C E Y T Z P T E Y T C C S C A X E
 O I T A P O R D P K O C R A S K F N K W L B
 R K V L K C J B A R B T K D U W R U C B N O
 L D Z Z M K Q U Y H Z Q P I G N T S E E L D
 M P F L T T W B L H S A Z L U F X L D R H L
 W D L J R A T K H Y R N L O A V P L M R M B
 N G O M S I M V B A Q N U H E F A N V I D X
 L N O P C L P P S Y V J W S R G T R L E P M
 F T P W D R B O L Z T N O N R U B N U S L J
 N T R M L C L H Q D T H K C O M M A H Q T L
 C P J H N N M K M L L B E E G G M N Z B V Q

Words found horizontally, vertically and diagonally with a hidden phrase using the unused letters

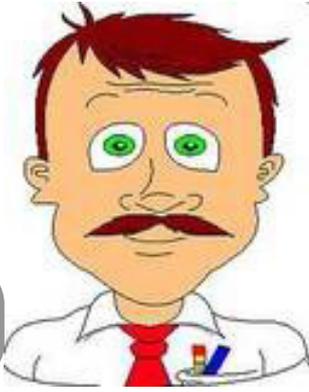
- | | | |
|--------------|-----------|--------------|
| August | Greenery | Soda |
| Beach | Hammock | Solstice |
| Bee | Heat | Strawberries |
| Breeze | Holiday | Summertime |
| Cocktail | Hose | Sunburn |
| Conservatory | Insect | Sunshade |
| Cranefly | July | Sunshine |
| Cricket | Midsummer | Suntan |
| Deckchair | Parasol | Sweat |
| Fair | Patio | Swelter |
| Fan | Picnic | Terrace |
| Flowers | Pool | Thunderstorm |
| Gazebo | Salad | Wasp |

The words are found in the usual ways of horizontally, vertically and diagonally. There is also a hidden phrase using some of the unused letters starting at the top of the puzzle



Dave's Ramblings

Help!



I am still going to bleat on about the help we need to keep Sussex IA going. Lots of you really appreciate the work I do keeping the branch going and doing things like the newsletter. That means to me that our members really want to keep Sussex IA going. As I've said in the past and I'll say it again there will come a time when I, Thirza and Tony cannot do any more. I will not comment on Thirza and Tony except to say they have different but difficult problems which could

stop them from helping at any time. The same goes for me especially with the problems we all have with this horrible Covid-19 virus. My last emergency stay in hospital was obviously very serious as being unconscious for 3 days is not good and no knowledge of the ambulance trip was also a blank bit of memory. Because of the timing and the severity of the Pneumonia etc some medical people I have spoken to seem to think I could have had this virus in its early stages. I might be a bit of a tough old git but it does show that I'm not infallible and it is very possible that anytime I could be struck with something that will stop me doing what I do or even permanently stop me by killing me off. As you can probably guess my wife does not me to peg it and would rather see me give all this up. You, collectively, are stopping me doing that or at least stopping me from slowing down a bit. We have not asked for anything too serious as the really serious bit has now been taken away since we turned into a branch. This means that the trusteeship has now transferred to National Office and the Board of Trustees. It is no longer at local level. What is done locally is handling general enquiries from local members and prospective members and organising any meetings. The treasurer's job is also much easier as all subscriptions are done by National Office and that is where all finance stuff is done. What is left locally is getting statements from National and producing a report at the annual branch meeting. Also any requesting any local expenses etc. There is no handling of money now.

See if you can help us keep Sussex IA alive

Now that all the onerous parts have gone are there any of you that would like to help. I don't mean jumping straight into one of the officer positions but maybe to shadow one of us to see what we do with a possible view to being able to take over when needs must. It is help we need and that is not really time consuming and our meetings are not very many and more of a social event than anything else. I know that meetings are not possible, or at least face to face ones aren't at the moment, but when we can we expect to maybe have lunch somewhere central and have the meeting at the same time.

I know this has been a long ramble but we really will need the help especially when we can have proper meetings again. Please contact me, Dave Drakeley if you think you would like to help or just see what we do.



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23 St James Court, St James Road
East Grinstead
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Pouch Representative

Wendy Lynn standing in until a more permanent rep found

Young Persons Representative

Still wanted

Mrs Thirza Jago
Rainbow's End
23 Rodney Crescent
Ford, Arundel
West Sussex
BN18 0DB
01903 719798



Mrs Wendy Lynn
33 Sherbourne Road
Hove
East Sussex
BN3 8BA
01273 233779



Stoma Nurse Representative

Mrs Jane Myer
Contact via Dave Drakeley



Because
we know we
care

Webpage
Sussex.iasupport.org



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